

# Activities

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## **FIT Athletics and Recreation**

**fittigers.com**

FIT has a strong and successful athletic tradition. The FIT Tigers are members of the National Junior College Athletic Association (NJCAA), Division III level. Numerous FIT teams and student athletes have garnered national and regional accolades for athletic and academic achievements, including national championships, regional championships, NJCAA Academic Teams, SUNY Chancellor's Award for Student Excellence Award Winners, and all-region, all-American, and academic all-American honors.

### **FIT Teams**

- Women's and Men's Cross-Country
- Co-ed Dance Company
- Women's Soccer
- Women's and Men's Swimming and Diving
- Women's and Men's Table Tennis
- Women's and Men's Tennis
- Women's and Men's Track and Field
- Women's Volleyball

### **Recreation Programs**

The College's recreation and intramural program is designed for the participation and enjoyment of the entire college community. Programs provide the opportunity for physical activity and promote wellness and productive use of leisure time. Participants at all skill levels are encouraged to participate.

- **Fitness classes:** The Athletics and Recreation Department sponsors a variety of free, drop-in fitness classes taught by certified instructors. Classes include Spin, Pilates, Yoga, Meditation, Boot Camp, Cardio Kick Boxing, Six Pack Attack, Hard Core, Zumba, Self Defense, HIIT and Run, Cardio Dance, and Cardio Express and are available to all FIT students.
- **Open gym:** Open gym hours during the week allow FIT students to participate in team and individual sports such as basketball, dance, table tennis, tennis, soccer, and volleyball.
- **Lari and Barbara Stanton Fitness Center:** The Lari and Barbara Stanton Fitness Center is located on the sub-basement level of the Dubinsky Student Center and is equipped with cardiovascular machines, various weight machines, Smith machine, and free weights.
- **Kaufman Fitness Center:** The Kaufman Fitness Center is located on the basement level of the Kaufman Residence Hall and is equipped with cardiovascular machines, weight machines, yoga balls, exercise bands, and free weights.

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## **FIT Student CLUBS AND ORGANIZATIONS**

**fitnyc.campuslabs.com/engage**

Clubs and organizations re-register annually. The major-oriented clubs are open to all students regardless of major and extend the study of the various disciplines in an informal way through such activities as field trips, guest speakers, and meetings with alumni.

Eligibility to be a member of a club or organization is restricted to current degree-seeking FIT students. All clubs are open to all degree-seeking students, regardless of major or course of study. Individual clubs and organizations may have additional requirements for membership. Clubs and organizations must adhere to FIT's Nondiscrimination Policy.

Candidates for an elected or appointed position on the FIT Student Government Association must maintain a minimum GPA of 3.0.

Please refer to FIT Link to see the directory of active clubs and organizations:

Media and publication groups are **bolded**.

- AATCC (American Association of Textile Chemists and Colorists)
- Accessories Design
- AD @ FIT (Art and Copy Club)
- AMA (American Marketing Association)
- ANIME & Sci-Fi Club
- Archery at FIT
- Art Collective
- ASN (Asian Student Network)
- ASL Club (American Sign Language Club)
- **Blush Magazine**
- BRAG (Black Retail Action Group)
- BSU (Black Student Union)
- CFMA (Cosmetics and Fragrance Marketing Association)
- Chabad - Jewish Life @ FIT
- Chinese Student Social Club
- Christian Fellowship
- Collegiate DECA
- College Democrats at FIT
- CYA (Champion Your Achievements)
- Drawing New York
- Ethics and Sustainability Club
- Fashion Art and Design Club
- Film Club
- FIT Gospel Choir
- FIT International Fashion and Culture Association
- FIT Model United Nations
- FIT Outreach
- Geek Culture Club
- Half the Sky
- Home Products
- Interior Design Club
- IN.Dustry Club
- Indian Cultural Society
- Influencer Club
- ITSA (International Trade Student Association)
- KCCC (Korean Campus Crusade for Christ)
- Korean Student Organization
- LGBTQ Students United
- Menswear
- Merchandising Society

- NRFSA (National Retail Federation Student Association)
- Phi Theta Kappa (Honor Society)
- Production Management
- PRSSA (Public Relations Student Society of America)
- RHCC (Residence Hall Community Council)
- Runway27 (Fashion Show Club)
- Salsa Club
- SELF (Students Excelling Lifestyle Fundamentals)
- Skyliners (a cappella group)
- Taiwanese Student Association
- Textile and Surface Design Club
- Theatre Ensemble
- Urban Studio
- **WFIT (Radio)**
- **W27 (Newspaper)**

### **FIT Link**

**[fitnyc.campuslabs.com/engage](https://fitnyc.campuslabs.com/engage)**

FIT Link is FIT's club and campus engagement platform. As a student, you can use FIT Link to get involved on campus. Engage with FIT's 60+ clubs and organizations, the FIT Student Government Association, and view a calendar of campus programs and activities.

As a club or organization, head to FIT Link for club and organization management, communication, program and activity requests, and starting a new club or organization.

### **FIT Tiger LEADers**

**[fitnyc.edu/peermentors](https://fitnyc.edu/peermentors)**

FIT Tiger LEADers assist with Residential Life Move-In, Orientation Week, Registration, Grad Week, Weeks of Welcome, and other events throughout the academic year. Tiger LEADers attend monthly meetings throughout the academic year and make a one-year commitment to the program. Tiger LEADers are paid leadership positions.

### **FIT Honor Associations**

**[fitnyc.collegiatelink.net](https://fitnyc.collegiatelink.net)**

- Phi Theta Kappa: Phi Theta Kappa (PTK) is the international honor society for students in their associate's degree program.
- Delta Alpha Pi: Delta Alpha Pi Honor Society participates in activities designed to educate the community and society regarding disability issues and the principles of universal design.
- Chi Alpha Epsilon: Chi Alpha Epsilon National Honor Society is dedicated to acknowledging the success of students in the Educational Opportunity Program (EOP).

### **Social and Cultural Activities**

**[fitnyc.collegiatelink.net](https://fitnyc.collegiatelink.net)**

The private social network for FIT students, FITLink provides the tools for managing FIT Student Government Association clubs and student co-curricular activities. FITLink can also be utilized in areas outside of campus life, serving a variety of needs related to the FIT student experience. From elections to surveys and communication to budgeting, stay connected at FIT from across the globe. Visit **[fitnyc.collegiatelink.net](https://fitnyc.collegiatelink.net)**.

## **Student Volunteer Community Service (SVCS)**

Offered through the Department of Student Life, this program enhances our greatest natural resource, volunteers. As a recipient of the President's Higher Education Community Service Honor Roll, SVCS offers interested students an opportunity to provide assistance to the fashion industry, the community, and the society in which we live. Clubs, independent students, faculty, and staff are welcome to tap into the information available regarding local organizations requesting volunteers.