

# Activities

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## **FIT Athletics and Recreation**

**fittigers.com**

FIT has a strong and successful athletic tradition. The FIT Tigers are members of the National Junior College Athletic Association (NJCAA), Division III level. Numerous FIT teams and student athletes have garnered national and regional accolades for athletic and academic achievements, including national championships, regional championships, NJCAA Academic Teams, SUNY Chancellor Student Athletes, and all-region, all-American, and academic all-American honors.

### **FIT Teams**

- Men's and Women's Cross-Country/Half Marathon
- Co-ed Dance Company
- Men's and Women's Swimming and Diving
- Men's and Women's Table Tennis
- Men's and Women's Tennis
- Men's and Women's Track and Field
- Women's Soccer
- Women's Volleyball

### **Recreation Programs**

The college's recreation and intramural program is designed for the participation and enjoyment of the entire college community. Programs provide the opportunity for physical activity and promote wellness and productive use of leisure time. Participants at all skill levels are encouraged to participate.

- **Fitness classes** The Athletics and Recreation Department sponsors a variety of drop-in fitness classes taught by certified instructors. Classes include body toning, core training, Pilates, yoga, and Zumba, and are available to the entire FIT community.
- **Open gym** Open gym hours during the week allow students, faculty, and staff to participate in team and individual sports such as basketball, dance, table tennis, tennis, and volleyball.
- **Lari and Barbara Stanton Fitness Center** The Lari and Barbara Stanton Fitness Center is located in the sub-basement of the Business and Liberal Arts Center and contains cardiovascular machines, free weights, and Nautilus and universal machines are available.

## **FIT Student Association Clubs**

**fitnyc.edu/clubs**

**fitnyc.edu/fitsa**

Clubs are organized each year as student interest dictates. The major-oriented clubs are open to all students regardless of major and extend the study of the various disciplines in an informal way through such activities as field trips, guest speakers, and meetings with alumni.

All full- and part-time students who have paid their student activity fee may participate in clubs. All clubs and organizations are open to all students regardless of race, color, age, sex, national origin, or disability. All students who wish to participate on athletic teams or hold leadership positions in student organizations must maintain a minimum GPA of 2.0. Candidates for and elected FIT Student Association executive and programming board members must maintain a minimum GPA of 2.5. The following is the current list of student organizations at FIT:

- AATCC (American Association of Textile Chemists and Colorists)

- Accessories Design
- AD at FIT
- AMA (American Marketing Association)
- ANIME
- Archery at FIT
- Art Collective
- Asian Student Network
- BRAG (Black Retail Action Group)
- BSU (Black Student Union)
- Chabad - Jewish Life at FIT
- Children's Wear
- Christian Fellowship
- Collegiate DECA
- Corporate Social Responsibility
- Cosmetics and Fragrance Marketing Association
- Creative Movement
- Culinary Arts
- Dance-A-Thon
- ED 2010 at FIT
- Fashion Design
- Fashion Show Club
- Figure Skating Club
- FIT Entrepreneurs
- FIT In (LGBTQ)
- FIT Outreach
- FIT Words
- Gospel Choir
- Home Products
- Hula-Hoop Dance Club
- Interior Design
- Intimate Apparel Club
- ITSA (International Trade Students Association)
- Jewelry Club
- KCCC (Korean Campus Crusade for Christ)
- Korean Student Organization
- Media Design Club
- Menswear Club
- Merchandising Society
- Merchandising Society Style Shop
- NRFSa (National Retail Federation Student Association)
- Package Design
- Production Management
- PRSSA (Public Relations Student Society of America)
- RHCC (Residence Hall Community Council)

- SELF (Students Excelling Lifestyle Fundamentals)
- Skyliners (coed a cappella group)
- Student Council
- Sustainable Design Club
- Technical Design Club
- Textile and Surface Design Club
- Theatre Ensemble
- The Stitch: Men Who Knit
- Urban Studio

### **FIT Student Association Publications**

#### **fitnyc.edu/clubs**

- WFIT radio and TV station
- *W27* newspaper
- *Icon Magazine*
- *Blush* magazine

### **Legacy Week: FIT Homecoming**

#### **fitnyc.edu/homecoming**

Homecoming is a time-honored collegiate tradition that can be traced as far back as 1908. Although the modern college homecoming is tied to athletics, the tradition itself is meant to unite alumni, faculty, and current students to celebrate their institution as well as continue the traditions of the past. FIT continues that tradition, as they have for over 30 years, during Legacy Week.

### **Social and Cultural Activities**

#### **fitnyc.edu/fitsa**

A private social network for FIT students, FITLink, provides the tools for managing FIT Student Association clubs and student co-curricular activities. FITLink can also be utilized in areas outside of campus life, serving a variety of needs related to the FIT student experience. From elections to surveys and communication to budgeting, stay connected at FIT from across the globe. Visit **fitnyc.edu/fitsa** .

### **Student Volunteer Community Services (SVCS)**

Student Volunteer Community Services is offered through the Department of Student Life. This program enhances our greatest natural resource: volunteers. A program that has been recognized multiple times by the President's Higher Education Community Service Honor Roll, SVCS offers interested students an opportunity to give assistance to the fashion industry, community, and the society in which we live. Clubs, independent students, faculty, and staff are welcome to tap the information available regarding local organizations requesting volunteers.

